

News From The Hill

A Caring Community Striving
for Personal Growth and
Academic Excellence



Thursday, November 17, 2016

Save the Date!

| | |
|---------------------------------|---|
| Thursday, November 17 | 10 th annual Take Back the Night event, 6:00 PM -9:00 PM, NHS Cafeteria NHS Band & Jazz Ensemble Concert, 7:30 PM, NHS Auditorium |
| Saturday, November 19 | Needham Diversity Summit, Pollard Middle School, 8:00 AM – 3:00 PM Deadline to buy pie. Who doesn't love a good pie? Really. |
| Wednesday, November 23 | Early Release, K-12, 11:55 AM |
| Thurs., Nov. 24 – Fri., Nov. 25 | Thanksgiving Recess |
| Thursday, December 1 | Last day for seniors to get changes to their name changes on their diplomas. |
| Thursday, December 8 | Senior Art Show Reception, 6:30 PM – 8:00 PM, NHS Media Center. The show will run from December 8 – 22. |
| Saturday, December 10 | 2 nd Annual Winter Arts Festival, Town Hall (Powers Hall), 10:00 AM – 3:00 PM |



Needham Youth Services Presents...

A Conversation....For Parents of Teens

A series of **FREE** programs for parents focusing on a singular topic related to the challenges of parenting of a teen. You may attend one or all!

Limited to eight (8) parents a night, this interactive group shares stories and receives feedback in a comfortable and confidential setting (dinner is also served during the group). Below are the topics for the fall and early winter:

January 24th: The hidden dangers of teens & technology: keeping teens emotionally safe online (Registration for this program will open on January 3, 2017)

To register and/or learn more: www.needhamma.gov/youth/aconversation. These sessions will sell out, so please register asap.

All sessions will be facilitated by Youth Services Director Jon Mattleman (Jon can be contacted at jmattleman@needhamma.gov)

QPR Suicide Prevention Training

What can you learn in 90 minutes?

Maybe enough to save someone's life.

Needham Youth Services (formerly the Needham Youth Commission) and the Needham Coalition for Suicide Prevention are offering a QPR Suicide Prevention Training for Adults/Parents. This is a **FREE** program, and hundreds in Needham have already been trained. The QPR Suicide Prevention model (Question, Persuade, Refer) is based upon the following concepts: Those who most need help in a suicidal crisis are the least likely to ask for it; The person most likely to prevent a person dying by suicide is someone they already know; and that prior to making a

suicide attempt, a person typically sends warning signs of their distress and suicidal intent to those around them.

Tuesday, December 13,
2016 (7:00-9:00pm)

Learn more

[Needham Youth](#)

Space will be limited to 25 participants and pre-registration is mandatory

Register at <https://goo.gl/ZI2wQH>

(see page #5)

National Center for Women in Informational Technology

Use this link to help spread the word about all of the 2016-17 NCWIT Aspirations in Computing Awards for high school students, educators, and college students. Attached, you'll find detailed information on prizes, eligibilities, and deadlines, as well as sample messaging for social media and publications. We thank you for your support!
<https://goo.gl/nyaArA>

Pie In the Sky Fundraiser

Buy a Pie - Feed a Hungry Person for a Week.

Please see details in the attached flyer, and you will help a critically ill, homebound client of Community Servings with the purchase of a pie

Needham Community Theater

Needham Community Theater is performing its fall show "A Little Princess" November 18-26. In an effort to encourage kids to read this classic book, NCT is offering a free ticket to any student who reads the book to then come see the show. All of the librarians have been given ticket vouchers. Visit your school library for details or the website <https://goo.gl/XdbMjz>.

Kudos!

Congratulations goes out to our four Needham HS National Honors Chorus Students:

Jackson Schwartz, Matt Lorence, Rachel Zaff, and Tejas Kelkar. They were all selected based on competitive auditions last spring against 1000s of students from around the country. As a result, this past weekend they rehearsed and performed as part of the full 350 voice chorus in front of 2000 music teachers and families in Grapevine, Texas. a HUGE BRAVO for making all of Needham so proud.

Plugged in Band

Plugged In Band Program is offering a 2-day songwriting workshop for kids ages 8-19 of all skill levels (no music or songwriting experience necessary) on November 26 & 27. For more information, please call 781-956-4281 or visit www.pluggedinband.org/programs/2-day-songwriting-and-recording-workshop/.

Need Help? WE ARE HERE FOR YOU!

The Writing Center

Room 719

After School on Tuesdays,
Wednesday, and Thursdays
No appointment necessary
*The Writing Center is a place
where ANY STUDENT can get
help on ANY writing
assignment
(English essay, social studies
paper, science lab, etc).
Peer tutors are available to
help students with their
writing on a first come, first
served basis.*

Math Help Room

The Math Help room will open
during the week of September
12th. The schedule for the
rest of the week of 9/19 is:

Thursday-11:30-3:00

The math help schedule is
also available on line at [Math
Room Help](#)

Homework Club

Homework Club meets
every Tuesday and Thursday
after school in Mr. Swanger's
Room 418 from 2:45-4:00
PM. If you need a quiet place
to work, swing on by!

Take Back the Night

Needham High School's Take Back the Night Club and the Needham Domestic Violence Action Committee are pleased to announce the 10th annual Take Back the Night event. Take Back the Night is dedicated to raising awareness about domestic violence and sexual assault and its prevention, as well as working to give a voice to those who do not have one. Their mission is to end domestic violence in our community and promote healthy relationships. Planned and put on by Needham High School students, the event will feature live music, guest speakers, free food, giveaways, and much more. The 10th anniversary event will take place Thursday, November 17th, 2016 from 6-9 pm in the Needham High School cafeteria. Everyone is invited and encouraged to attend this free event.

Volunteer opportunities

The Charles River Center is looking for volunteers for various programs working with kids and teens with disabilities in a recreational setting. We have openings on the first Friday of every month for our Teen night from 6-8:30, our Saturday Fitness and Field Trip program from 9:00-4:00, and our December School Vacation program from 9-3 December 27th-December 30th. If interested contact Kelly Atkins at 78-972-1060 or at katkins@charlesrivercenter.org.

Needham Diversity Summit

NEEDHAM DIVERSITY
SUMMIT: SATURDAY, NOV. 19, 8:00-3:00, Pollard Middle School. Join us for a day of workshops, music, large and small group discussions, and a special panel of Needham community members. This event aims to explore and foster aspects of diversity including race, religion, sexual orientation, gender (including identity and expression), ethnic identity, socioeconomic status, ability, and age. For more information and to register: <http://www.needhamdiversity.org/diversity-summit.html>



Athletics NHS Rocket Review

Week of November 14

Girls Swimming & Diving was honored before the South Sectional Meet on Saturday night at BU with the MIAA Team Sportsmanship Award!

Congratulations to Coach Waldstein and all the girls on the tremendous accomplishment!



Rockets saw a record 22 Swimmers & Divers advance to Sectionals! Will send athletes to State Championships this Sunday at Harvard.

Some top Sectional Finishers:
Medley Relay 6th
Emilia Higgins 8th in the 200 Free
Elizabeth Bonvouloir 4th in the 200 IM



Bonvouloir & Grace Ward after the 200 IM

Boys Soccer

On Monday night, the boys hosted rival Wellesley in a Quarter-Final. After 80 minutes of scoreless soccer Senior Kyle Brady ended the game in the 1st overtime with a strike from 25 yards out to give Needham the thrilling 1-0 Win!

On Wednesday, the Rockets faced another BSC foe, Weymouth in a South Semi-Final. After falling behind 2-0, Needham caught fire in the 2nd Half. Brady started things with an unreal goal to the top corner from 30 yards out. Michael McShane followed a minute later with a nifty goal to tie it. Brady then put Needham on top with the eventual game winner off a Michael Aksman throw in. Final Score was 3-2!

On Sunday, The Rockets tournament run came to an end when they fell to a tough Braintree squad in the South Sectional Final.



Boys Cross Country

The Boys finished 3rd as a team at the D2 EMass Divisional Meet and advance to States! Steve Flanagan and Kevin Quinn were the top Rockets (11th & 12th)

Girls Cross Country

The Girls season comes to an end at

Visit <http://nhs.needham.k12.ma.us/athletics> for Rockets Athletic news, updates, forms, links, and complete team schedules. Please also view NHS Boosters Athletic Events Photo Galleries

at <http://www.davearnoldphotography.com> for Needham HS athletes and teams in action. Additional sites to check for more in-depth information and stories are the Needham Times online

at http://www.wickedlocal.com/needham/sports/high_school, Hometown

Weekly <http://hometownweekly.net/index145.htm> the Needham Patch online at <http://needham.patch.com/sports>, and the Needham Channel YouTube site at www.youtube.com/user/TheNeedhamChannel.

Divisionals. The young Rocket team finished 8th but showed great improvement all year

Girls Volleyball

The Girls fought hard but fell 3-1 to #3 Seed Quincy in the Sectional Quarter-Finals

Football (5-5)

Needham lost to Mansfield Friday. Next up Rockets host Wellesley on Thanksgiving!

Tickets on sale now in the Athletic Office, the Parks & Rec. Office and through the TD Club.

Girls Soccer

Girls lost Tuesday night 2-0 to the eventual South Champ, Whitman-Hanson





Show your school spirit *and* support the NHS PTC!

Windbreakers, sweatshirts, T-shirts, duffle bag & more!
Go to the NHS PTC website to see it all:

<https://goo.gl/zwkslR>

**This week only! Orders due on Monday, November
21.**

Samples will be available in the NHS lobby on Monday
11/14, Wednesday 11/16, and Friday 11/18 from 2:30-
3:00.

Questions? Contact Carolyn Breen
(cbreen01@comcast.net).

Show Your School Spirit!

Needham High School PTC Spirit Wear Order Form

100% of the profits go right back to NHS through PTC programs.

Deadline: November 21, 2016. **Available for pick up at NHS:** the week of December 19, 2016. Specific times will be posted in the PTC Newsletter and on our website. We will not be able to accept returns or exchanges.

Contact: Carolyn Breen at cbreen01@comcast.net.

Name _____ Address _____

Parent Phone _____ Parent Email _____

| Item Image | Item (images on reverse) | Adult Sizes | Quantity | Price | Subtotal |
|---|---|-------------|----------|--------------|----------|
| A | Needham Rockets Hooded Sweatshirt, Gray (Sizes S-2XL) | | | \$35 | |
| B | Needham Rockets Long Sleeve T-Shirt, White (sizes S-2XL) | | | \$20 | |
| C | Needham Rockets Women's Windbreaker, Navy and White (sizes XS-2XL) | | | \$40 | |
| D | Needham Rockets Unisex Windbreaker, Navy (sizes S-2XL) | | | \$40 | |
| E | Needham High Rockets Sweatpants, Gray (size S-2XL) | | | \$25 | |
| F | Needham Rockets Shorts, Navy (sizes S -2XL) | | | \$25 | |
| G | Needham Rockets Laced Up Hooded Sweatshirt, Navy with white laces (sizes S-2XL) | | | \$40 | |
| H | Gold Sweatshirt Laces (available in January) | N/A | | \$5 | |
| I | Needham Duffle Bag, Black | N/A | | \$30 | |
| J | Needham Rockets Pom Pom Hat, Navy | N/A | | \$15 | |
| K | Needham Rockets Knit Hat, Navy | N/A | | \$15 | |
| <i>Please add \$2.00/item for size 2XL</i> <i>All Orders are final and non-refundable. No exchanges.</i> | | | | Total | |

Payment: Cash or check. Please make checks payable to NHS PTC with "Spirit Wear" in Memo line. Credit card orders are accepted on-line only at <https://sites.google.com/site/needhamhighschoolptc/>.

Completed forms: If not ordering on-line, bring in or send to NHS Main Office in an envelope addressed to NHS PTC, Needham High School, 609 Webster Street, Needham, MA 02494. *Payment must be included.*

Buy a Pie...Feed a Hungry Person for a Week

Baking for Thanksgiving? Visiting family or friends and need something to bring? Going away and want to donate a pie to those less fortunate? Thinking of a holiday treat to share with coworkers?



Please buy (or donate) a pie through Community Servings, a non-profit food and nutrition program that provides meal services throughout Massachusetts to individuals and families living with critical and chronic illnesses.

Your contribution goes directly to our neighbors in greatest need—homebound individuals struggling with life-threatening illnesses—who are too sick to shop or cook for themselves or their families. 92% live in poverty.

There are many places to buy a pie for Thanksgiving, and there are much less expensive pies. **However, for \$30, the cost of a pie, Community Servings can provide nutritious meals to a critically ill, homebound client and their family for an ENTIRE WEEK!** Pies are baked and donated by over 150 of Greater Boston's best chefs, bakers, and caterers! Choices include: Apple, Pecan, Pumpkin & Sweet Potato

PLEASE FOLLOW THESE INSTRUCTIONS TO ENSURE YOUR PIES ARE DELIVERED TO MITCHELL

1. Go to <http://www.pieinthesky.org/needhamschools>
2. Click on the Orange button in left margin, 'Buy Pies From Community Service'
3. Select the type and number of pies [if you wish to donate a pie, select "Pie for a Community Servings' Client"] and click 'Continue' on bottom right
4. On the Pick-Up Location page, it says "I am picking up my pies at the selected location below." Scroll all the way to the bottom and check the bolded option, "I am picking up my pies at a private location." Fill in location number **126** and location name **Mitchell Elementary**. Click 'Checkout'
5. Enter payment information and click 'Place Your Order'
6. Pick up your pie order at Mitchell's front lobby on Tues, November 22nd between 2:30-5:00 pm

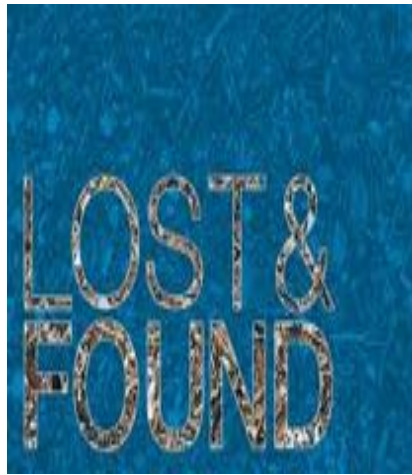
As you sit down to Thanksgiving dinner, you can feel good knowing that a critically ill, housebound neighbor will also be able to eat, thanks to you!

Problems or questions? Wish to arrange an alternate pick-up time? Contact Judy Lee at 781-453-2913 or at judymlee@msn.com

Deadline for all orders is Saturday, November 19th



**Everything you always wanted to know about
the Lost & Found but were afraid to ask. . .**



**Where is the Lost & Found ?— in the main office –one floor above
grade-level office (GLO)**

Who should I talk to if I lost something? Ms. Ofer in the main office!

What if I found something? Then what? Take the item to Ms. Ofer!

**And here's a really important one. WHAT DO YOU HAVE IN THE LOST
& FOUND NOW?**

**Well, we have jackets, sweaters, sneakers, work-out gear, shoes,
cell phones, keys, glasses, jewelry. All of these items will be
DONATED to CHARITY right before Thanksgiving. There will be a
table set up outside of the main office on Monday, November 21st
with all the Lost & Found items (except for the valuable smaller
items which Ms. Ofer has). Please please please, if you or someone
you know can't locate that favorite t-shirt or extra set of car keys
or earbuds or pretty much anything you can think of, please stop by
the main office and check out the H-U-G-E pile. Thanks!!!**

ORDER THE 2017 YEARBOOK

Now is the time to order the
NEEDHAM HIGH SCHOOL YEARBOOK

Complete this order form and send it back with a check to:
The Advocate c/o Kate Laberge
609 Webster St / Needham MA 02494

please make checks payable to



NEEDHAM HIGH SCHOOL PUBLICATIONS

In the amount of \$80.00

 detach and send with payment - - - - -

Student name: _____

Homeroom: _____ grade: _____

Parent/Payer name: _____

Parent/Payer email: _____



Needham High School Mission

Needham High School draws from the strengths of the community to create teaching and learning partnerships between faculty, parents, and students, both on an individual level and in groups, in order to provide a high quality education.

The school offers students a variety of opportunities to excel and a diversity of perspectives from which to learn in an environment that is both nurturing and challenging.

The balanced student is able to participate actively in school and society, be creative, and self-advocate while determining his or her unique path to fulfillment.

