

DEPARTMENT DETAILS, ELIGIBILITY GUIDELINES & IMPORTANT POLICIES

Athletic Department – Room 609 (*outside of the B gym*)

Director of Athletics: **Micah Hauben** micah_hauben@needham.k12.ma.us
781-455-0800 x2143

Assistant AD/Club Coordinator: **Dan Lee** daniel_lee@needham.k12.ma.us
781-455-0800 x2544

Athletic Department Secretary: **Dana Langley** dana_langley@needham.k12.ma.us
781-455-0800 x2105

Athletic Trainers: **Ori Rochbert** nhsatc@gmail.com
781-455-0800 x2105 **Cara Cole** nhsatc@gmail.com

Strength & Conditioning Coach: **Josh Fogel** joshua_fogel@needham.k12.ma.us

Team Name: **Rockets**

Colors: **Navy, Gold & White**

State Affiliation: **Massachusetts Interscholastic Athletic Association (MIAA)**

League: **Bay State Conference (BSC)**

- BSC Carey Division: Braintree, Brookline, Framingham, **NEEDHAM**, Newton North, Weymouth
- BSC Herget Division: Dedham, Milton, Natick, Norwood, Walpole, Wellesley

An academically qualified student who does not have any outstanding fees or equipment due from any prior seasons will only become eligible to Tryout/Participate in the NHS Athletic Program if the following requirements are met:

1. **SEASONAL ATHLETIC REGISTRATION/PERMISSION FORM *MUST*** be submitted prior to ***EACH*** season of athletic participation (*Fall - **GOLD**, Winter – **BLUE**, Spring - **GREEN***);
2. **Current DOCTOR’S PHYSICAL** (*good for 13 Months*) ***MUST*** be on file before first season of athletic participation. Updated/new physicals need to be submitted along with registration/permission forms;
3. Completion, by both student-athlete & parent(s), of state-mandated online **CONCUSSION EDUCATION COURSE** once each school year before the first season of athletic participation (approved free course is available at www.cdc.gov/concussion);
4. **ONCE STUDENT MAKES ROSTER**: Payment of NHS Athletic or Club Fees & applicable Sport Surcharges must be paid by the set user fee deadline for each season (*request for reduction of fee forms are also available in Athletics Office*).

*Please also visit the NHS Athletics web page at:
<http://nhs.needham.k12.ma.us/athletics>
for athlete and team information and updates, forms, links, and complete team schedules.*